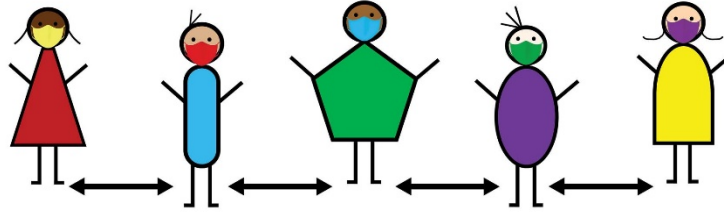


# #MasksOnHartford



## VERMONT COVID-19 **UPDATES** FOR HARTFORD RESIDENTS

MAY 3, 2021

### COVID-19 VACCINE

#### 1. **CURRENT ELIGIBILITY:**

- All Vermonters, part-time residents, and out-of-state VT college and boarding students age 16+

#### 2. MAKING AN APPOINTMENT:

- **ONLINE:** Go to [healthvermont.gov/myvaccine](https://healthvermont.gov/myvaccine) to schedule an appointment at a Vermont Dept of Health or National Guard vaccine clinic or to access participating pharmacies in the Federal pharmacy vaccine program.
- **BY PHONE:** To schedule by phone or for translation services, call 855-722-7878.
- **HOMEBOUND Vermonters** may call 833-722-0860 to arrange for in-home vaccination.
- **BIPOC, English language learner, and immigrant/refugee Vermonters:** there are [community-specific vaccine clinics](#) available around the state.

#### 3. VACCINE STAND-BY LIST:

- If you have an appointment through the state registration system, you may get a call to ask if you are interested in being on the standby list.
- If you agree to be on the list, **do not** cancel your existing appointment! If you get called in as a standby, your original appointment will be automatically cancelled for you AFTER you receive your vaccine.

#### 4. FULLY-VACCINATED:

You are considered fully-vaccinated 14 days after your final COVID-19 shot!

### COVID-19 PREVENTION

**COVID-19 is still spreading in our region! Please continue to protect yourself, your family, and our community by following these best practices:**

- ✓ **Get vaccinated** when you are eligible
- ✓ **Stay home** when sick and **get tested**
- ✓ **Wash hands** frequently and **avoid touching your face**
- ✓ **Wear masks** outside the home
- ✓ Maintain **6-foot spaces** with people outside your household
- ✓ Keep your **social circle small**
- ✓ **Avoid crowded or poorly-ventilated places**
- ✓ **Avoid unnecessary travel**

### FEMA FUNERAL ASSISTANCE

If you have lost a family member to COVID-19, you may be eligible for up to \$9,000 of funeral assistance. Go to <https://www.fema.gov/disasters/coronavirus/economic/funeral-assistance> to learn how to apply.

## **MASKS protect you and the people around you from getting or spreading COVID-19.**

- **Masks are still required in indoor public spaces, even for fully-vaccinated people. Public spaces include businesses, public buildings, and group living settings like apartment buildings.**
- **When you are outdoors, masks are only required when you are in a crowd or with other households where you can't maintain a 6-foot distance.**
- **Make sure your mask fits snugly against your face and covers your nose, mouth, and chin.**
- **Wear multiple layers** such as a cloth mask with 2+ layers of fabric or a multi-layered disposable mask.
- Do **not** use masks with valves or vents, bandanas, gaiters, or single-layer masks; they're less effective.

## **RESTRICTIONS ON SOCIAL GATHERINGS**

### **1. For indoor gatherings in private settings**

There can be one unvaccinated person per 100 square feet up to 150 unvaccinated people (whichever is less), plus any number of fully vaccinated people. 100 square feet is about the area covered by a big sports utility vehicle (SUV).

- If only fully vaccinated people are gathering, no one is required to wear a mask or stay 6 feet apart.
- If **anyone at the gathering is unvaccinated or has an unknown vaccine status**, is at [higher risk of severe COVID-19](#), or lives with someone at who is at higher risk, then everyone needs to wear a mask and stay 6 feet apart.

### **2. For outdoor gatherings**

There can be 300 unvaccinated people, plus any number of fully vaccinated people.

- Masks are required in a crowd or with multiple other households where a 6-foot distance can't be maintained between households. Follow this guidance whether you are vaccinated or not.

## **OUT-OF-STATE TRAVEL AND COVID-19 TESTING**

3. [Unvaccinated Vermonters](#) must get a PCR COVID-19 test within 3 days of returning to Vermont. You do not need to quarantine while you wait for a result. **But if you have any symptoms**, stay home and away from other people until you know your test results.
  - a. **Travel for essential purposes** is exempt from COVID-19 testing requirement.
  - b. **Same-day Border-Town Travel** into New Hampshire for allowed activities (worship, gym/fitness, outdoor recreation, haircuts) is exempt from COVID-19 testing requirement.
  - c. Overnight travel and day trips for social gatherings, ceremonies, dining, or indoor entertainment venues like a movie theater or bowling alley all require COVID-19 testing upon return to Vermont.
4. **Fully vaccinated Vermonters** do not need to get tested unless they develop symptoms.
5. **People who had COVID-19 within the last 3 months** and have recovered do not need to test unless they develop new symptoms.
6. **Unvaccinated people planning to visit Vermont** must have a COVID-19 test within 3 days before arriving.

## **COVID-19 TESTING**

- **SYMPTOMATIC:** If you develop [any symptom](#) of COVID-19 illness, please contact your health care provider or call 211 to get a referral for testing. Stay home until you receive a negative test result. It's easy to mistake mild COVID-19 for a cold.
- **NO SYMPTOMS:** If you are concerned you may have been exposed or need a test before travel, after travel, or for any other reason, you may get a [FREE VT Department of Health test by registering online](#). Your health care provider and some pharmacies may also offer testing for asymptomatic people.